

ParentLink* Materials about Divorce for Parents

Books:

Jann Blackstone-Ford (1999) *The custody solutions sourcebook*. Publisher: Lowell House.

This book explores the advantages and disadvantages of standard child custody arrangements, including joint custody, sole custody, and "bird's nest custody." The author also gives examples of more creative methods for sharing children's time with a former spouse or legal partner.

Mary L. Boland (2001) *Your right to child custody, visitation, and support*. Publisher: Sphinx Publishing.

This book is designed to let parents know their legal rights and to help them take their case through the court system. Written by an attorney, it includes such issues as factors in deciding custody and visitation, calculating and collecting support, and appealing your judgment.

Kenneth N. Condrell (1998) *Be a great divorced dad*. Publisher: St. Martin's.

Considering divorce an opportunity for growth and great parenting, this book offers insights into problems of divorced dads, dealing with a child who rejects them, moving on to dating and other relationships, avoiding the 10 most common divorced dad pitfalls, and more.

William C. Klatte (1999) *Live-away dads: Staying a part of your children's lives when they aren't a part of your home*. Publisher: Penguin Books.

Using his own experiences and skills acquired as a family court social worker and counselor, the author shows divorced and separated fathers how to cope with the courts, handle their strong emotions, deal with their children's mothers, build close relationships with their children, and stay involved with them for life.

Vicki Lansky (1996) *Vicki Lansky's divorce book for parents: Helping your children cope with divorce and its aftermath*. Publisher: Book Peddlers.

This book provides advice to parents on how to help their children, especially in knowing what normal behavior to expect, language to use and not to use, and useful tips to get children through this difficult time.

Mimi E. Lyster (1999) *Child custody: Building parenting agreements that work*. Publisher: NOLO.

This book shows parents how to overcome obstacles and build win-win custody agreements that everyone, especially children, can live with. It offers techniques for handling conflicts, for managing custody when a parent moves away, and for dealing with changes in the law.

F. Daniel McClure, Jerry B. Shaffer (2000) *Wednesday evenings and every other weekend: From divorced dad to competent co-parent*. Publisher: The Van Doren Company.

Written by experienced child psychologists, this book is designed to help non-custodial fathers with a most important job, co-parenting their children, by addressing two critical issues: nurturing children of divorce and supporting caring, competent fathers.

Videos:

Blended Families (2000) Linkletter Films.

This videotape uses real members of a blended family and a family therapist to present information about the special concerns of single parents. The video stresses communication among all family members.

Children of Divorce (1997) PBS Home Video.

This video shows interviews with experts in the study of children of divorce and also with the children themselves. It portrays the negative effects of divorce on the children and encourages parents to keep the marriage together if they can. Closed-captioned.

Single Families (2000) Linkletter Films.

This videotape uses real members of a single family and a family therapist to present information about the special concerns of single parents. The video stresses becoming self-sufficient and focusing on personal emotional health.

*** These and other materials on a variety of parenting topics are available for loan to Missouri families from ParentLink at 1-800-552-8522 (in Columbia, 882-7321) or <http://outreach.missouri.edu/parentlink>.**